

What you can expect with Laser Periodontal Therapy (LPT)

Periodontal disease is commonly referred to as gum disease. Approximately 75% of the population struggles with this disease. We are pleased to provide you with a very effective treatment – Laser Periodontal therapy (LPT).

During the LPT treatment process, we will prescribe antibiotics to prevent the possibility of infection, and Motrin (ibuprofen) to control micro-inflammation and swelling. You will start taking both medications the day before we begin your Laser Periodontal Therapy (LPT). To help with relaxation, some patients may wish to take Valium prior to their LPT appointment. If you choose to take Valium, someone else MUST drive you to, and from, your LPT appointment.

LPT is a relatively painless procedure. Most patients experience little to no discomfort. In fact, you can expect to return to work the day after the procedure.

One of the contributing factors of periodontal disease is trauma from tooth to tooth contact, therefore we will fit you with a night guard and prescribe that you wear it at night while sleeping. It may also be necessary to make minor adjustments to your teeth so they all bite together with an even amount of force.

Your after-care is very important. We will make home care recommendations designed especially to meet your recovery needs. Our recommendations will include an antibacterial mouth rinse, electric toothbrush, and/or water pic. We cannot stress enough the importance of good daily hygiene habits. In addition, we will continue to schedule 3-month maintenance appointments with one of our Hygienists.

By working together with treatment and after-care, we will help you to treat periodontal disease. Our goal is to assist you with obtaining the best care for your mouth and to preserve your good overall health.